

Parents, teachers, and other school staff are often in a position to notice changes in a student's behavior that may be cause for concern.

“Our family's experience with Liberty Resources School-Based Mental Health Services has been simply amazing! Not only have they made a great impact on my daughter's life, but Liberty Resources has really been amazing with our family.

“They have really taken the time to work with my daughter's specific needs and worked around our schedules as needed. I can't thank Liberty Resources enough on how much you have helped our daughter and our family.”

— Meachem Elementary School Parent



LIBERTY RESOURCES SCHOOL-BASED MENTAL HEALTH SERVICES

Liberty Resources School-Based Mental Health Services are provided as a partnership with your school district.

Services offered include:

- Individual therapy (in school)
- Family counseling (at home, school, or clinic)
- Psychiatric evaluation and medication management
- Crisis consultation/intervention
- Group therapy
- Case management
- School consultations
- Referrals to community resources

Services are provided year-round, even when school is not in session.

Our Mission:

To provide culturally competent, high quality integrated care that positively impacts our clients' lives, and our community.



LIBERTY RESOURCES
Improving Lives, Building Futures



LIBERTY RESOURCES SCHOOL-BASED MENTAL HEALTH SERVICES



We help our clients to:

- Manage stress, worry, and anger.
- Develop healthy coping and social skills.
- Learn how to make positive decisions.
- Cope with change such as divorce or death.





Liberty Resources School-Based Mental Health therapists provide treatment to children and families. Our goal is to improve the quality of life for our clients and to improve their ability to succeed academically.

The School-Based Mental Health team:

- » Receives referrals from parents/guardians, teachers, or any other school staff.
- » Contacts parents/guardians to obtain proper parental approvals and a record of the child's history.
- » Partners with the child and parent to decide what supports and services are needed.



Liberty Resources School-Based Mental Health Services offers a holistic approach to mental health treatment, involving students, families, teachers, and other natural supports.

While we closely partner with each child's school team, all client information and records are confidential. Information is not shared with school staff without parent permission.

How do I enroll my child?

For full details, contact your school social worker or the Liberty Resources School-Based Mental Health therapist located at your school. Parents must complete an enrollment form to register their child.

How much does enrollment cost?

There are no out of pocket expenses to the child or family. The child's health insurance will be billed for school-based mental health services received (copays may apply).

What if my child is not covered by health insurance?

Just let us know! We will help you get your child covered.

Symptoms and signs to look for:

- ☐ Persistent sadness and hopelessness
- ☐ Excessive worry and anxiety
- ☐ Frequent irritability or anger
- ☐ Feeling of worthlessness and guilt
- ☐ Low self-esteem
- ☐ Grief and loss
- ☐ Aggression or frequent temper tantrums
- ☐ Impulsivity, hyperactivity, inattentiveness
- ☐ Changes in eating or sleeping habits
- ☐ Skipping school, missing classes, or a decline in grades
- ☐ Difficulty in getting along with family, friends, or school personnel
- ☐ Erratic mood changes or often appearing "down"
- ☐ Often preferring to be alone
- ☐ Family conflict or multiple stressors in the home
- ☐ Not sleeping or sleeping too much
- ☐ Talking about death or hurting oneself or others
- ☐ Loss of interest in activities/hobbies
- ☐ Change in eating habits
- ☐ Avoiding social situations
- ☐ Trouble paying attention
- ☐ Disruptive behavior

Child's Information				
Name: Last, First, Middle Initial			Date of Birth:	
Referral Source Name:			Referral Phone #:	
School Site:			Grade:	
Is child currently involved in mental health services? <input type="checkbox"/> YES <input type="checkbox"/> NO (If yes, where? _____)			Child's Primary Language:	
			Is an interpreter needed: <input type="checkbox"/> YES <input type="checkbox"/> NO	
Parent/Guardian Information				
Parent/Guardian Name:			Guardian's Relationship to Child:	
Mailing Address:			Cell Phone: <input type="checkbox"/> Preferred Number	
City:	State:	Zip:	Home Phone: <input type="checkbox"/> Preferred Number	
Is an interpreter needed for parent/guardian: <input type="checkbox"/> YES <input type="checkbox"/> NO			Work Phone: <input type="checkbox"/> Preferred Number	
If yes, what language: _____				
How has the parent/guardian consented to this referral? <input type="checkbox"/> In person <input type="checkbox"/> Over the phone Date of consent: _____				
Reason for Referral				
Please provide a brief explanation of the symptoms, concerns, and/or treatment outcomes desired.				
Insurance Information				
<i>Note: Receipt of this information will expedite referral processing. If not included, please notify parent/guardian that a Liberty Resources representative will be calling to get information post-receipt of referral.</i>				
Primary Insurance				
Subscriber Name			Relationship to Child	
Insurance Carrier			Policy #	
Subscriber Employer			Child Social Security #	
Secondary Insurance (Leave blank if none)				
Subscriber Name			Relationship to Child	
Insurance Carrier			Policy #	
Employer				

Send Referral To: SchoolBasedReferrals@liberty-resources.org or fax to (315) 472-1759.

Updated 10/2018

Liberty Resources School-Based Mental Health Therapist

Job Duties and Limitations

MUST	CAN	CANNOT
<ul style="list-style-type: none"> ▪ Provide 28 to 30 individual, 40-minute billable psychotherapy sessions a week. ▪ Provide up to 14 family contacts (phone calls, therapy sessions, or home visits) a week. ▪ Have all contacts with students be in the form of a billable service, which sometimes limits my role in the school. ▪ Provide in-home family contacts for the students on my caseload. ▪ Work 8 hours a day, typically during the school-day hours. I am normally in the school during that time, but I may be out of the building for home visits or meetings. ▪ Leave the school for the day at 2 pm on Tuesdays to attend a weekly staff meeting at Liberty Resources. ▪ Meet with my supervisor at Liberty Resources for one hour each week. ▪ Work 12 months out of the year. ▪ See my clients and their families over school breaks and summer vacation. Due to this, I may have days off when school is in session. ▪ Effectively communicate to administrators and staff when I have days off or times when I will not be present in the school. ▪ Make a coverage plan, as needed, to accommodate for my absence. ▪ Communicate with my client's Psychiatrist and Pediatrician, as needed. ▪ Complete regular Progress Notes, Treatment Plans, and Assessments for the children on my caseload. 	<ul style="list-style-type: none"> ▪ Partner with school staff in responding to crisis situations which occur with students on my caseload, as determined by administration. ▪ Attend School Team meetings for up to an hour and a half each week. ▪ Meet with school staff to discuss the social-emotional, behavioral, and mental health needs of your students on my caseload. ▪ Attend 504 Plan or IEP meetings. ▪ Partner with school staff to meet with a student on my caseload or their parents regarding any concerns related to the student's social-emotional, behavioral, and mental health needs. ▪ Go with school staff on any visits you may want to make to my clients' homes related to attendance, behavioral concerns, or mental health symptoms. 	<ul style="list-style-type: none"> ▪ Meet or intervene with any student who is not on my caseload, as I do not have consent from their parent/guardian. ▪ Discuss my client's care with school staff unless their parent/guardian has signed a consent for me to do so. ▪ Transport students or family members in my vehicle at any time, under any circumstance. ▪ Provide IEP Counseling. ▪ Proctor an exam or provide supervision in a classroom, the hallway, at arrival, or at dismissal.