## UPK Supply List

Below is a list of materials your child will need for UPK. Please feel free to have these supplies with you at orientation.

- A book bag (big enough to hold a folder)
- 4 packages of moist (baby) wipes for wiping hands
- 3 containers of disinfecting wipes for cleaning tables
- 1 box of tissues to share
- 1 plain composition notebook with your child's name on the outside cover
- 4 glue sticks (preferably the purple color glue)
- A change of clothes to keep at school (in a labeled bag)
- A big smile to wear every day!

#### Optional:

- One roll of paper towels
- Ziploc bags (gallon or snack size)



\*\*\*Please label all supplies sent to school. Thank you! \*\*\*

# Suggestions for getting your child ready for Pre-Kindergarten

### Please help your child practice:

- · Holding and cutting paper with scissors
- · Holding a pencil with the proper grip
- Hand dominance (left-handed or right-handed)
- · Recognizing and printing their name using first letter capital and rest lowercase
- Recognizing letters of the alphabet
- Recognizing numbers 0-10
- Counting numbers 0-20
- Naming colors
- Naming shapes (circle, square, triangle, rectangle, and oval)
- Independently using the bathroom (wiping, pulling up their own pants and washing their hands)

### Additional suggestions:

- Read to your child often
- · Have conversations with your child, taking time to listen to their thoughts
- Limit television and video games and monitor computer usage
- Use everyday tasks to increase your child's responsibility (For example: picking up their own toys and setting the table)

